

st. joseph villa

SKILLED NURSING &  
REHABILITATION

Our Family *Caring for Your Family*  
with love, care, and understanding.



 St. Joseph  
Nursing &  
Rehabilitation Center *Villa*

# MEDICARE INFORMATION

St. Joseph Villa Nursing Center is certified for participation in the Medicare (Title XVIII) program. Some patients who need in-patient and skilled nursing care or rehabilitation services following a period of hospitalization, may be eligible to receive certain Medicare benefits while residing in our facility.

Many people assume that any patient who has been in the hospital and needs nursing home care can qualify for Medicare coverage in a skilled nursing facility. It's not quite that simple. Medicare will not pay for "custodial care" and will only assist in meeting the cost of care if a patient requires "skilled care." Medicare readily acknowledges that tube feedings, intravenous fluids, and daily injections are examples of care which usually qualify as skilled care. The degree of a patient's helplessness, the prognosis and diagnosis are not significant in the Medicare determination; rather it is the professional skill that is necessitated in caring for the patient which qualifies a patient for Medicare coverage.

Prior to discharge from a hospital, the physician, therapists, and other health care professionals, in conjunction with the nursing facility, can determine whether the care the patient needs will qualify for coverage under the Medicare guidelines. There are circumstances which may make the decision not possible until after the patient has been evaluated by the facility.

Participation in the Medicare program is short term. Length of time or coverage is based on observable and measurable progress. Each case is different and there are many circumstances to be considered to determine length of time on the program.

Maximum coverage currently available is 100 days. Not all participants meet Medicare criteria to receive 100 days. The Medicare program will cover the cost of a nursing home stay 100% from day 1 through 20. On the 21st day (if the participant still qualifies for coverage) Medicare pays a portion of the stay. The portion not covered is either the responsibility of the individual or another insurance program.

Our Social Worker, Director of Nursing, or Administrator will be happy to answer any additional questions you might have regarding Medicare coverage.

*If you have questions or comments, please feel free to contact us at 402-345-5683.*

# SPECIALIZED CARE UNIT

Because St. Joseph Villa recognizes the growing need in the health-care field for the care and treatment of Alzheimer's disease, it has incorporated a Specialized Care Unit. This Unit is staffed by trained professionals who are devoted exclusively to caring for those patients afflicted with Alzheimer's and other severe dementias.

Comfortable and tasteful decor in residents' rooms is complemented by beautifully landscaped private courtyards. The Alzheimer's facility offers its own dining room, recreational area, and conference areas. Close staff supervision is constantly maintained offering patients freedom of mobility without restraint, ensuring their personal safety.

St. Joseph Villa is proud to be a leader in providing specialized programming designed to meet the needs of persons with dementia. Our structured activity program provided by our therapeutic recreation department sets us apart from other facilities in caring for dementia residents. Therapeutic recreation specialists are able to provide unique services to meet a variety of needs. Therapeutic recreation is used on the Specialized Care Unit to:

- Decrease anxiety
- Express feelings
- Manage stress
- Increase self-esteem
- Teach coping skills
- Deal with grief
- Maintain long-term memories
- Encourage reality orientation
- Maintain a balanced leisure lifestyle
- Provide support/encouragement for families
- Redirect behaviors and divert attention
- Provide successful experiences for residents
- Encourage socialization
- Give an overall sense of well-being

We offer a wide variety of activities to meet the needs of all residents from group functions to individual visits, including:

- Gardening
- Woodworking
- Crafts
- Music Therapy
- Current Events
- Cooking
- Entertainment
- Games
- Theme Parties and Social Hours
- Pet Therapy
- Intergenerational Programming
- Room Visits
- Family Gatherings
- Community Outings
- Religious Services

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# THERAPEUTIC RECREATION

Therapeutic Recreation is an activity-based program designed to improve or maintain the physical, mental, emotional, spiritual, and/or social functioning of our residents. We assist them in expressing individual lifestyles, which we believe will add meaning and value to their sense of self during their stay at St. Joseph Villa.

Therapeutic Recreation has been and continues to be an integral part of St. Joseph Villa's "tradition of excellence." Included in the comprehensive care of every resident is an individualized therapeutic recreation program designed to meet a wide spectrum of needs and skill levels, from active leisure lifestyles to sensory stimulation.

At St. Joseph Villa, we provide a wide variety of group, as well as individual, therapeutic interventions to meet our residents' many needs. They include:

- Entertainment
- Crafts
- Intergenerational Programming
- Exercise
- Cooking
- Gardening
- Woodworking
- Music Therapy
- Family Gatherings
- Social Hours
- Resident Council
- Room Visits
- Service Projects
- Parties
- Community Outings
- Pet Therapy
- Religious Services
- Games
- Current Events
- Reminiscence Groups

An opportunity to have a successful experience is created through the use of adaptations to meet the strengths and/or limitations of each resident. Small and large groups of people with similar interests and abilities are offered programs and activities to create a non-threatening environment and promote social well-being.

The therapeutic recreation department is proud to offer this specialized activity program as part of the comprehensive care that your family member will receive at St. Joseph Villa. We have designed the program with the hope that your loved one's stay here will be a full and satisfying one.

We believe that you, the family, are an important part of helping us assess the unique strengths, interests, and needs of our residents. We welcome your ideas and your participation in the care of your family member. We look forward to working with you.

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# SERVICES AND AMENITIES

Like any member of a concerned family, we at St. Joseph Villa know the importance of creating a healthy, loving atmosphere for our residents, our staff, and our guests. This love is most often expressed in the bright and pleasant decor of our residents' rooms, offering a unique freshness and an intrinsic sense of quality. Spacious courtyards and manicured lawns afford the opportunity to enjoy strolls in a park-like setting.

Our tastefully-decorated and elegant dining room sets the stage for St. Joseph Villa's fine dining experience. Residents may choose from an extensive menu under the supervision of a registered dietitian. All meals are prepared in our modern kitchen and served tableside by our staff.

The amenities we provide - from the aesthetics of the environment, to the special concerns of dietary needs, to the high-tech facilities of the physical plant - are just one integral part of the proud tradition, an old tradition of love found at St. Joseph Villa.

The physical and emotional well-being of our residents is, of course, the paramount feature of our care at St. Joseph Villa. That's why we retain a staff physician on call around the clock, plus a full staff of Registered Nurses, LPN's, and Certified Nursing Assistants. Nurses stations are strategically located in the residential wings to provide close, personalized care for convalescent, ambulatory, and intensive care residents.

The finest rehabilitative therapy is available at St. Joseph Villa. Stroke victims, post-operative patients, and fracture cases are treated by a team of highly-qualified, licensed professionals providing daily physical, speech, and occupational therapy. Utilizing the latest equipment and technology, St. Joseph Villa's therapists work to restore patients to a healthy physical and psychological state.

*St. Joseph Villa was specially designed with the safety, convenience, and accessibility of its residents in mind. The convenient, central-core floor plan provides a close watch and "at home" care for residents. Special features include:*

- 24 hour professional nursing services
- Full rehabilitative program including daily physical, occupational, and speech therapy
- Private and semi-private rooms
- Daily social and recreational programs
- Luxurious furnishings
- Elegant dining room
- Large activity room
- Flat-screen television
- Beauty salon/barber shop
- Unlimited visiting hours
- Emergency call system
- Religious services
- Emergency electrical system
- Hospital-width corridors with railings on both sides
- Grab bars in bathing and toilet areas
- Obstruction-free floor plan (promotes greater independence)

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